

## *Medical Treatments and Services*

All Medical Services are provided by fully qualified, highly trained, licensed & certified personnel.

Our medical staff includes Dr. Corey Jacobs, Karianne Hamel CRNP, R.N., Professional Lab Techs and front office staff.

As additional support, the spa staff includes Clinical Estheticians, Nail Tech, Massage Therapist and knowledgeable, experienced Hair Professionals.

### **AVAILABLE MEDICAL SERVICES INCLUDE:**

*Obstetrics and Gynecology*

*Primary Care*

*Cyro Surgery*

*Advanced Skin Care*

*Chemical Peels*

*Dermal Fillers*

*Botox*

*and More*

We accept most insurances for covered visits.  
Cosmetic visits are not covered by insurance.



### **Medical Center**

251-943-3351

### **Day Spa & Salon**

251-943-5699

[www.Facebook.com/pg/GulfcoastPremierMedicalspaandsalon](http://www.Facebook.com/pg/GulfcoastPremierMedicalspaandsalon)  
619 E Laurel Ave., Foley, AL 36535

ALL PRICES ARE SUBJECT TO CHANGE.



## Salon

### HAIR DESIGN

Blow Drying and Styling	\$25 and up
Precision Cuts for Women	\$35 and up
Precision Cuts for Men	\$20 and up
Precision Cuts for Children (12 & under)	\$20 and up
Up Do Set	\$65 and up
Deep Conditioning Treatments	\$20 and up
Perms	\$50 and up
Relaxers	\$60 and up
Straighteners	\$100 per Ounce
Smoothing Treatments	\$100 per hour
Hair Extensions	By Consultation

(all salon prices vary depending on length and amount of hair)

### COLOR ENHANCEMENT

Semi Permanent Gloss	\$50 and up
Permanent Touch-up	\$50 and up
Color Refresher (applied to ends)	\$50 and up
Highlights	\$70 and up
Multi-Dimensional Color	\$120 and up
Corrective Color	By Consultation

(all salon prices vary depending on length and amount of hair)

## Beauty Services

### WAXING

Eyebrow	\$12 and up	Half Leg	\$40 and up
Lip	\$12 and up	Full Leg	\$60 and up
Chin	\$12 and up	Bikini	\$40 and up
Full Face	\$30 and up	Back	\$50 and up
Under Arm	\$18 and up	Torso	\$50 and up
Half Arm	\$20 and up	Brazilian	\$75 and up
Full Arm	\$30 and up		

(waxing prices vary depending on length and product use)

## Manicures & Pedicures

All our nail services are performed using premium products to cleanse, exfoliate, massage, and moisturize as well as the trusted use of sterilized instruments. Paraffin treatments are available using Perfect Sense; a single use, sanitary, disposable paraffin treatment that eliminates the risk and liability of bacterial and fungal cross-contamination. We invite you to experience the healthiest and best value hand/foot therapies available!

Manicure	\$25 and up
Pedicure	\$40 and up
Polish Change	\$15 and up
Repair	\$5 and up
Shellac Manicure	\$37 and up
Paraffin Add On	\$15 and up

## Massage

**NECK, SHOULDER, & BACK MASSAGE** Tight muscles deserve a massage. This treatment will help you relax chronic tension in your neck, shoulders, and even your back by relieving muscle tension and stress.

30 minutes \$45

**SWEDISH MASSAGE** A gentle and relaxing massage that helps to relieve tension and improve circulation.

60 minutes \$65 / 90 minutes \$90

**DEEP TISSUE MASSAGE** Relieves muscle tension, encourages relaxation, and increases flexibility. Great for re-aligning posture and restoring proper range of motion.

60 minutes \$75 / 90 minutes \$100

**HOT STONE MASSAGE** Smooth basalt stones used to gently massage muscles to release stiffness. The combination of the heat and pressure of the strokes encourage your muscles to relax and let go.

60 minutes \$85 / 90 minutes \$125

**60 MINUTE PRENATAL** It aims to relax tense muscles, eases sore spots, improves circulation and mobility, and just makes you feel good. It is customized to the needs of pregnant women and their changing bodies.

60 Minutes \$85

## Spa Packages

**MINI-DAY SPA PACKAGE** \$145

½ hr. Neck, Shoulder, Back Massage, ½ hr. Cleansing Facial, Deluxe Pedicure, Blow Dry, Style, Sauna.

**REFRESH SPA PACKAGE** \$240

Deep Tissue Massage (1 hour), Spa Facial (1 hour), Deluxe Pedicure with Paraffin Treatment, Hydro-Therapy Massage, Sauna.

**STRESS AWAY SPA PACKAGE** \$325

Spa Facial, Hot Stone Massage, Deluxe Pedicure with Paraffin Treatment, Body Polish, Blow-dry and Style, Sauna.

**DELUXE DAY SPA PACKAGE** \$365

Ultrasonic Facial, Manicure with Paraffin Treatment, Deluxe Pedicure with Paraffin Treatment, Full Body Swedish Massage, Body Polish, Blow-dry and Style, Sauna.

**TEEN SPA PACKAGE** \$140

Teen Facial, Manicure, Deluxe Pedicure, Shampoo and Blow-dry. 15 and under please.

## Facial Treatments

### ½ HR. DEEP CLEANSING FACIAL

For a quick indulgence! Includes thorough cleansing, exfoliation, mask, and moisturizer. 30 minutes \$50

### SPA FACIAL

Our deep pore-cleansing facial, that is appropriate for all skin types. It includes a skin analysis, cleansing, extraction, exfoliations, mask and a finishing skin treatment. 45 - 60 minutes \$80  
Add a chemical peel to a spa facial for \$25

### GENTLEMAN'S FACIAL

This multi-action re-constructive treatment is designed to soothe and deep clean aggressively exposed skin related to sports or shaving. Exfoliation, facial massage, and re-hydration complete this purifying therapy. 45 - 60 minutes \$75

### ROSACEA FACIAL

This facial soothes the skin, eases blotchiness, reduces redness and broken capillaries. An ideal treatment for all hypersensitive skin conditions, specifically: Couperose, Erythroze, Rosacea, or Acne Rosacea 60 minutes \$100/\$125

### TEEN FACIAL

Gently and effectively cleanse pores, soothe irritations, and calm aggravated blemishes. Education on proper home care for the skin is provided during this treatment. 45 minutes \$50

### FACIAL PEEL

Used to treat fine lines, sun damage, hyper-pigmentation, uneven skin tone, and minimal acne scarring. Rejuvenate and revitalize your skin with a light peel designed for your skin type: Normal, Dry, Oily, Sensitive, and Acne. 30 minutes \$70

### VI PEEL

This peel provides dramatic results with little downtime. Great for all skin types, including ageing skin and acne prone skin. \$250/300

### DERMASOUND ELITE/ULTRA SONIC FACIAL

The DermaSound Elite opens temporary pathways through cells for deeper exfoliation, hydration and skin care products penetration. The machine uses water and low-frequency Sonic Cavitation Technology to gently exfoliate 10-35% of the skin's top layers. This medically proven treatment uses ultrasound to restore the natural electrical charge to cells causing them to work at their most efficient levels. The process assists in minimizing the effects of photo-damaged skin as well as improving the appearance of fine lines and wrinkles. It is also perfect for sensitive and acne prone skin. Having a pace maker or being pregnant are contradictions for this facial. 60 minutes \$100

### ULTRASONIC ACNE FACIAL

Our ultrasonic facial using our professional Glymed Acne products to clear blackheads and blemishes while improving skin texture and appearance. For maximum results, recommended 6 treatments. 60 minutes \$100

### ULTRASONIC & FACIAL PEEL

Our combined Ultrasonic facial with our facial peel. 60 minutes \$125

### DERMAPLANING

A method of exfoliation that gently scrapes off the top layer of dulling dead skin cells in order to reveal a smoother, brighter complexion. \$60 and up

## Body Treatments

**VICHY SHOWER** The Kohler Vichy shower is one of the most intriguing and effective treatments available for today's spa clientele. The Vichy Shower System gives the effect of a warm downpour on the body, one of the most relaxing and rejuvenating spa experiences. The built in hand shower makes thorough rinsing of spa products easy and convenient. Come pamper yourself with a relaxing and therapeutic water massage.

**HYDROTHERAPY MASSAGE** Our signature hydro-therapy service featuring 6 heads that mimic a warm, vibrant waterfall cascading over your body. Truly a once in a lifetime experience! 10 minutes \$30

**BODY POLISH** One of the best ways to rejuvenate and increase overall circulation to the skin. Includes full body exfoliation, hydrotherapy massage, moisture wrap, hair shampoo, condition and oil treatment. 45-60 minutes \$80

## Body Wraps

**DETOX BODY WRAP** This wrap detoxifies and balances the body by stimulating the lymphatic flow to eliminate toxins. This is an excellent treatment for anyone with fluid retention, symptoms caused by PMS, achy joints, recovering from an illness, or anyone on a detoxification program. 60 minutes \$90

**CELLULITE EXFO WRAP** Stimulating the skin while drawing out impurities from the body. This slimming and contouring treatment cleanses the skin's tissues that appear rippled by unlocking fluids and toxins. By stimulating the lymph system, the body naturally cleanses itself, leaving your skin toned and hydrated. We recommend a series of 6 for better results. 60 minutes \$80

**MUSCULAR ACHES RELIEF WRAP** This wrap is designed to draw out muscular aches and pains, reducing fatigue and muscular tension. For best results, spend some time in our far infrared sauna before this treatment. 75 minutes \$80

## General Information

Pamper someone by giving a Premier Medical Spa & Salon Gift Certificate. Custom packages can also be designed – just let us know what you have in mind. You may be charged by phone, fax, or email. We are happy to mail Gift Certificates to your designated recipient. Gift Certificates must be presented at the time of service. (Gift Certificate services may not be exchanged for other services, are non-refundable, and are not redeemable for cash).

The integrity of the skin and body care products used during a spa treatment at Premier Medical Spa & Salon, is as essential as the quality of the service. We have selected the highest quality and the most reputable product lines world wide for our treatments and your home care routine.

If you are not satisfied with a product, please let us know within 7 days of purchase. Simply bring in your receipt and we will issue a spa credit toward future services. There will be a 10% re-stocking fee for returned retail products. We cannot give cash refunds for gift certificates or services.

Smoking is not permitted anywhere in the spa facility.

Please leave all valuables, including jewelry, at home or locked in your personal locker. Premier Medical Spa & Salon is not responsible for lost or damaged personal items.

To preserve the tranquil environment and to respect other guests; cell phones, pagers, and laptops are strictly prohibited in the spa relaxation lounge and treatment rooms. These devices are welcome in the Salon area.

Please wear whatever makes you feel comfortable. Our service providers are trained to respect your privacy using sheets and towels to professionally drape you at all times.

## Spa Guidelines

### SPA RESERVATIONS

We recommend scheduling spa appointments prior to arrival to ensure the time and service you desire. Please call 943-5699 for reservations. Based on availability, we will do our best to accommodate guest walk-ins.

A credit card is required to reserve 2 or more treatments. We reserve the right to refuse services to anyone. We accept most major credit and debit cards, gift cards, cash, and checks as payment for goods and services.

### REQUESTS

Please voice any special requests, such as a specific technician upon booking your spa treatment.

Please inform us if you have any medical considerations, including pregnancy. Kindly bring a physician's letter of approval if you have a serious medical condition that may be affected by spa services. We request all first-time guests to complete a brief client intake form to be kept on file before spa treatments are administered.

### UPON YOUR ARRIVAL

To provide ample time for relaxation, please arrive at least 20 minutes prior to your scheduled appointment. As a courtesy to other guests, late arrivals will still end on time. The full service rate will apply to late arrivals. If you are running late, please notify us so that we can make any necessary scheduling adjustments.

Upon check-in, you will receive a spa robe, sandals, and secured locker to use during your visit for any spa services booked.

### REGRETS & CANCELLATION POLICY

Spa treatments are reserved exclusively for you. If the need should arise to cancel or reschedule, we require a 24 hour notice on single treatment, 72 hour notice on spa packages, group parties, and treatments lasting over 2 hours. Unless we receive notice, you will be billed for 100% of services reserved.

### GRATUITIES

Gratuities are not included in service pricing. Gratuities, awarded at your discretion, are always appreciated and reflect a favorable spa experience. Envelopes are provided at the front desk upon check-out.

